

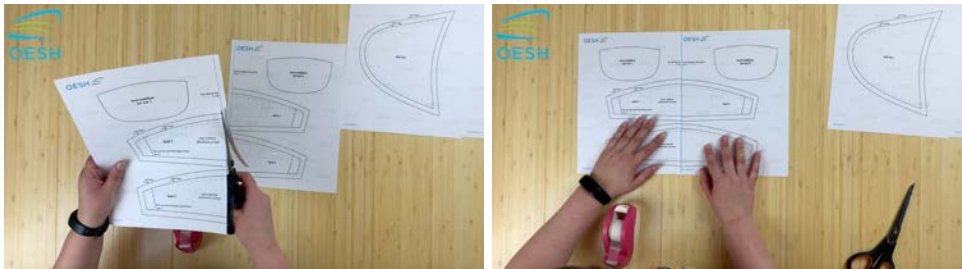
You will need:

- OESH [Create Sole](#) for your size)
- [PDF pattern](#) for your size, printer and tape
- [Fabric/material](#) of your choosing
- Lining fabric
- [Stabilizing fabric](#) for the heel
- Sewing machine and thread
- Sewing pins, fabric scissors, and an iron
- Soft tip stick (chopstick or crochet hook)
- Thick sewing needle
- 8 feet of [waxed thread](#)

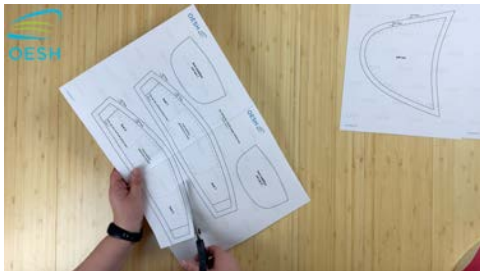


For further details, please refer to the [tutorial video](#)

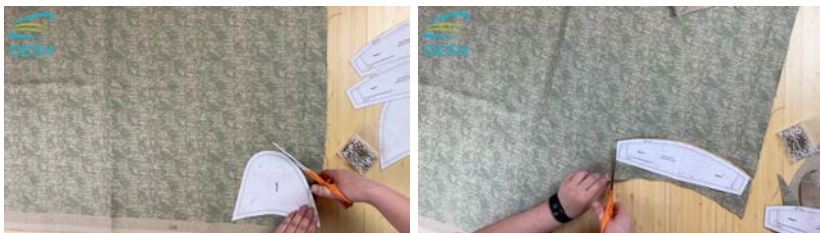
1. Cut along one blue line and attach along the other blue line



2. Cut out each pattern along the labeled cut line



3. Pin the patterns to the fabric and cut along the labeled cut line again (repeat for each toe and heel)



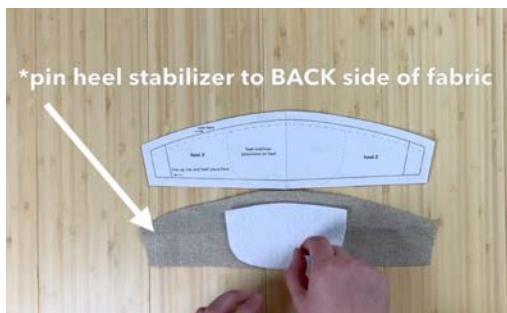
4. Use stabilizing fabric for the 2 heel stabilizer patterns



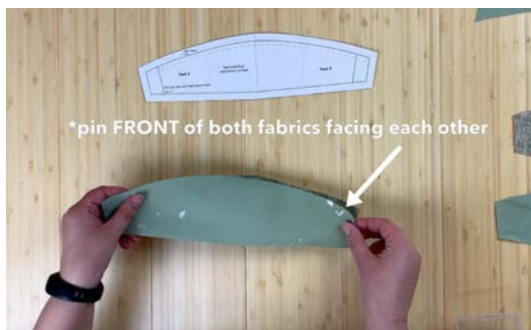
5. Cut the same pieces for the shoe lining (we re-used an old paint stained bed sheet)



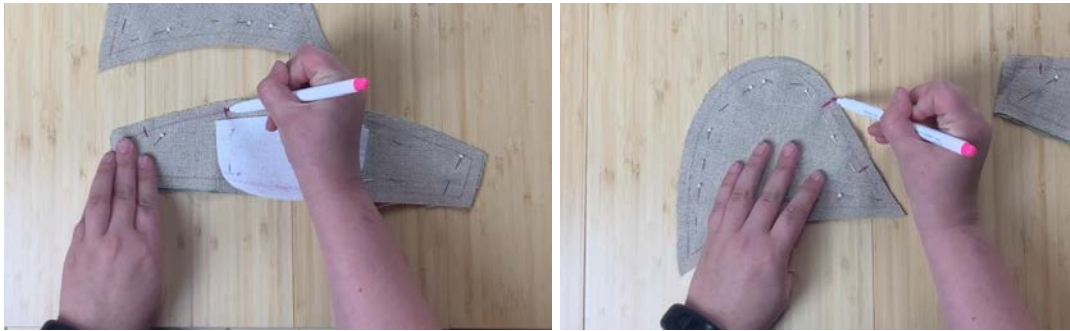
6. Pin the heel stabilizer to the back side of the fabric



7. Flip to pin both fabrics with the fronts facing each other



8. Mark 2 inches to stay unsewn to turn the fabric out later
(we recommend these spots to be the most invisible)



9. Prepare to sew your toe and heel pieces, allowing a 3/8" seam
(keeping the edge of the fabric on the 3/8" line)



You should end up with this 2 inch opening



10. Trim all the corners and cut off the extra fabric on all pieces except for at the 2 inch opening



11. Turn the heel and toe pieces inside out
(use a crochet hook or chopstick to help push out the corners)



12. Iron the edges and fold in the extra 2 inch tabs. Iron again to create an edge, and sew up the gaps
(repeat for both toe and heel pieces)



13. To mark the stitching holes, cut along the line of holes on the pattern. Line up the bottom sew line with your fabric, and mark the holes with a pen. These marks will mostly be covered with stitching
(repeat for the toe pieces)



14. Attach toe and heel piece as shown in pattern (these two holes overlap)

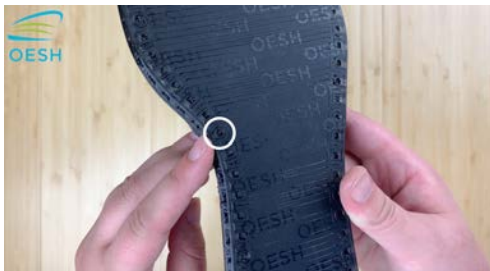


15. Pin together with the toe piece on top and securely sew the overlapping areas



Time to stitch to the OESH Sole!

16. We will start stitching at the inside middle circle hole



17. Cut about 8 feet of waxed thread and thread a thick sewing needle

18. Line up the inside overlapping fabric holes with the middle circle hole. Stitch through the circle hole, through the back of the first overlapping hole in the fabric. Pull your needle through, leave about 6"



19. Double knot the tail and stitching thread



Now, we start the blanket stitch!

20. Hold your stitching thread to the left of the holes, pierce through the next hole in the OESH Sole and through the next marked hole in the fabric. Pull your thread through and tighten



21. Continue stitching along the marked holes



Make sure the stitches stay on top of the fabric



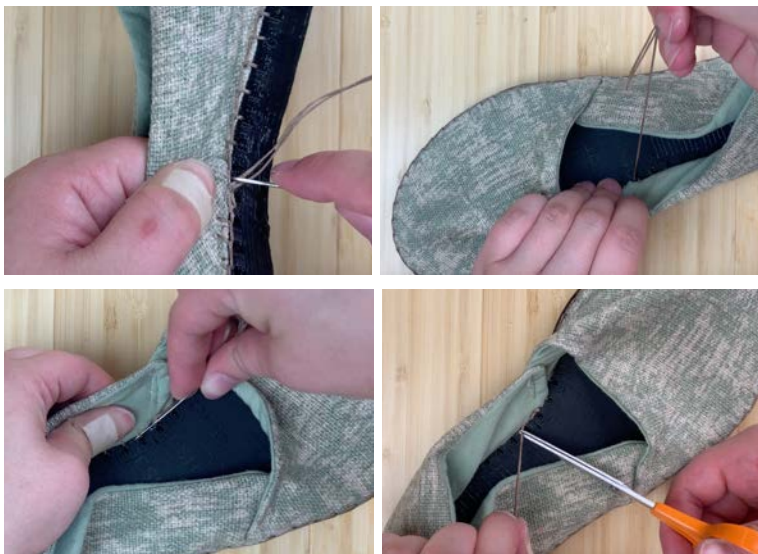
22. Continue stitching around the entire shoe. The other middle circle hole should line up with the other first overlapping hole in the fabric



23. Stitch up to the last available hole and double knot the two thread ends together



24. For a more secure finish, thread the 2 end strands back through to the inside of the shoe, then under a stitch and knot. Trim both ends



Enjoy your new OESH Create Alpargatas!
Made by you.